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**ADAO Congratulates the Acting U.S. Surgeon General, Steven K. Galson, and Thanks the U.S. Senate for Efforts to Encourage Warning about Asbestos Dangers**

*Recently Discovered Surgeon General Statement Underscores Need for Full Asbestos Ban*

September 16, 2009... Redondo Beach, CA --- The Asbestos Disease Awareness Organization (ADAO) today announced its support for the Surgeon General’s statement acknowledging the dangers of asbestos and thanks the U.S. Senate for continued efforts to encourage a warning. The discovery of the April 1, 2009 Acting U.S. Surgeon General statement is greatly appreciated by ADAO, who has always encouraged an official warning about asbestos dangers, as recommended by a U.S. Senate Resolution establishing the first week of April as “National Asbestos Awareness Week.” The statement specifies: “I urge every American to become aware of the public health issues of asbestos exposure and the steps they can take to protect their health.” It also underscores the need for a ban, stating, “…there is no level of asbestos exposure that is known to be safe and minimizing your exposure will minimize your risk of developing asbestos-related disease.”

“The United States Senate’s Resolution urging the Surgeon General to issue a warning, ‘as a public health issue, to warn and educate people that asbestos exposure may be hazardous to their health’, was a landmark step to preventing exposure and deaths,” stated Linda Reinstein, ADAO Executive Director. “As a mesothelioma widow, I am pleased to see the Surgeon General’s statement, as asbestos has been a known carcinogen for more than thirty years. ADAO is excited to be able to advance educational efforts with his statement, which strongly reaffirms the need to ban asbestos.”

Every reputable United States and international health agency including the Environmental Protection Agency, the World Health Organization, the International Labor Organization, International Agency for Research on Cancer, Occupational Safety and Health Administration, National Institute for Occupational Safety and Health, and the American Cancer Society agree there is no safe level of asbestos exposure. Most recently, the International Agency for Research on Cancer (IARC) reconfirmed that all commercial asbestos fibers – including chrysotile, the most commercially used form of asbestos – cause lung cancer and mesothelioma. In addition, the IARC newly confirmed that there is sufficient evidence that asbestos causes ovarian cancer and reconfirmed asbestos causes laryngeal cancer. ADAO continues to serve as the leading voice pushing for a full ban on this lethal mineral.

To read the Surgeon General’s full statement, please visit: www.surgeongeneral.gov/news/pressreleases/pr20090401.html.

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**About Asbestos Disease Awareness Organization**

Asbestos Disease Awareness Organization (ADAO) was founded by asbestos victims and their families in 2004. ADAO seeks to give asbestos victims a united voice to help ensure that their rights are fairly represented and protected, and raise public awareness about the dangers of asbestos exposure and the often deadly asbestos related diseases. ADAO is funded through voluntary contributions and staffed by volunteers. For more information visit www.asbestosdiseaseawareness.org.
Statement from Acting Surgeon General Steven K. Galson about National Asbestos Week

In recognition of ‘National Asbestos Awareness Week,’ I urge every American to become aware of the public health issues of asbestos exposure and the steps they can take to protect their health.

In recent decades, because of concern about asbestos’ health effects, production and use has declined substantially. Most individuals exposed to asbestos, whether in a home, in the workplace, or out-of-doors will not develop disease- but there is no level of asbestos exposure that is known to be safe and minimizing your exposure will minimize your risk of developing asbestos-related disease.

Asbestos is the name given to a group of fibrous minerals that occur naturally in the environment. Low levels of asbestos are commonly in the air as fibers enter the environment from natural rock outcroppings, products that contain asbestos, former asbestos mining and milling operations, and from disturbance of asbestos-containing material. It is when we are exposed to much more concentrated levels of asbestos that we should be concerned. Therefore, it is important for all Americans to be aware of asbestos levels in their environment.

Asbestos can be dangerous if it is inhaled. Activity that disturbs asbestos causing these small fibers to float in air increases the chances of inhalation and the contraction of asbestos-related diseases. Disturbance is what leads to exposure. Do not attempt to touch or remove asbestos by yourself. Only people professionally trained and certified to safely handle asbestos should remove it.

Once breathed in, asbestos fibers can remain in the lungs for years and even decades. Inhalation of asbestos fibers can cause inflammation and scarring of the lungs, changes in the lining of the chest cavity around the lung, and certain cancers. Remember that tobacco smoke greatly increases your risk of lung cancer if you have also been exposed to asbestos.

If you think you have been exposed to asbestos, I encourage you to speak to your health care provider. Your provider can tell you if any of your health problems might be caused by asbestos exposure.

To learn more about asbestos and asbestos related diseases, please visit:

http://www.atstdr.cdc.gov/asbestos/
http://www.cdc.gov/niosh/topics/asbestos/
http://www.epa.gov/asbestos/